



Accelerates and maximizes results



PrecisionWave Technology™

Specialized for Group Training.

Power Plate® pro6+™ brings the effectiveness of whole-body vibration training into a group exercise experience. As group fitness continues to evolve, the Power Plate pro6+ provides your members with a new approach to training. The interactive 4.3" touch screen monitor is specifically designed for easy-to-follow use in instructor led classes. The embedded proMotion cables allow for enhanced upper body work and an unbeatable total body workout.







Power Plate[®] pro6+™ Features

71-P6P-3100

Color (Standard)	Silver
Dimensions (W x D x H)	38in x 46in x 60in / 96cm x 116cm x 152cm
Dimensions (W x D)	38in x 37in / 96cm x 95cm
Weight	406lb / 185kg
Power Supply	100-240 VAC, 50/60 Hz, Nominal Power: 160-265VA, Universal Voltage
Stabilization System	Advanced stabilization and compensation system
Maximum Load	500 lb / 227 kg
Operating System	Windows CE 6.0 Professional
DualSync™Twin Motor System	DualSync Twin Motor System maintains precise balance at any frequency and amplitude level, allowing perfect synchronisation of vibration for maximum muscle response and efficiency
proMotion™ Dynamic Vibration Technology	Three-position tension adjustment; embedded with modular attachment option
Frequency	30-39Hz
Time Selections	30, 45, or 60 seconds
Upper Display	4.3in LCD Display (480 X 272 dpi)
USB Port / Hub	USB 1.0 Internal service port
Amplitude	Low or High
Audio	1 recessed speaker with volume control
Certifications	MDD, CE and EMC (TUV certified); RoHS/WEEE compliant, NRTL, C-NRTL, FDA Listed

as Class 1 device, 510k exempt



Warranty





3 years hardware / 1 year electronics / 1 year labor

Squat w/Static Strap



Calf Stretch

