



Accelerates and maximizes results



PrecisionWave Technology™



Patented multidirectional vibration



Helps boost recovery time



A complete workout in only 15 minutes



As the leading brand of whole body vibration equipment, Power Plate® has been scientifically proven to address a range of medical conditions, speed recovery time, and quickly return patients to their activities of daily living.

Our newest model, the pro7 Healthcare, is the first commercial vibration training machine designed specifically for the needs of medical facilities and treatment centers. The pro7HC™ comes complete with patient friendly, integrated LCD touch screen video programs focused on neurological (neuro) health, pain relief and common conditions. Equipped with an integrated heart rate monitor and embedded multidirectional cables, range of motion tracking, and real-time variable resistance (power output) display, the pro7HC makes assisting patients easier and more efficient.

Whether you are looking to address neurological based conditions, physical pain, or general health issues, the pro7HC is a valuable addition to any practice.





Power Plate[®] pro7HC[™] Features

71-HC7-3300

Color (Standard)	White
Dimensions (W x D x H)	38in x 46in x 61in / 96cm x 116cm x 155cm
Platform Dimensions (W x D x H)	38in x 37in / 96cm x 95cm
Weight	410lb / 186kg
Power Supply	100-240V, 50/60Hz, Nominal Power: 160-265W, Universal Voltage
Maximum Load	500lb / 227kg
Stabilization System	Advanced Stabilization and Compensation System
Operating System	Windows CE 6 0 Professional
USB Port / Hub	USB 1.0 Port x2 (1 external, 1 internal service port)
Net Access	10 /100M Ethernet
Upper Display	10 1in LCD Display (800 x 480 pixel)
Audio	2 recessed speakers with headphone option and volume control
Vibration Settings	0-8 (with 27 sublevels of intensity)
DualSync™Twin Motor System	DualSync Twin Motor System maintains precise balance at any frequency and amplitude level, allowing perfect synchronisation of vibration for maximum muscle response and efficiency
Precision Wave™ Technology	High-fidelity harmonic vibration system that provides uncompromising performance for unsurpassed results
proMotion™ Dynamic Vibration Technology	Three-position tension adjustment; embedded with modular attachment option
Frequency	25 - 50 Hz
Time Selections	0-9 minutes (15 second increments)
Heart Rate Monitor	ANT+ Wireless technology
Amplitude	Low or High
Certifications	CE and EMC; RoHS / WEEE compliant CB, NRTL, C-NRTL, PSE MDD certified FDA listed as Class 1 device, 501k exempt
Warranty	3 years hardware / 1 year electronics / 1 year labor







Squat w/Static Strap



